

Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	
10:00	10:00 - 11:00 Rückenfit <i>Nicole</i>			10:00 – 11:00 Bodywork 50+ <i>Andrea</i>		
10:30						
14:00		14:00 - 14:50 Zumba Kids VS Erlaa <i>Andrea/Astrid</i>				
14:30						
15:00		15:00 - 15:50 Zumba Kids VS Erlaa <i>Andrea/Astrid</i>				
15:30						
16:00	16:00 - 16:50 Zumba Kids VS Vösendorf <i>Andrea</i>		16:00 - 16:50 Zumba Kids VS Gramatneusiedl <i>Andrea</i>			
16:30		16:30 - 17:30 Zumba Gold 50+ <i>Andrea</i>				
17:00						
17:30						
18:00	18:00 - 19:00 Power Circle <i>Christian</i>	18:00 - 19:00 Zumba Fitness <i>Andrea</i>		18:00 - 19:00 ZUMBA Fitness <i>Astrid</i>		
18:15					18:15 – 19:15 YOGA	
18:30						
19:00			<i>Regina</i>			
19:30	19:30 – 20:30 ZUMBA Fitness <i>Andrea</i>	19:30 - 20:30 Fatburning <i>Stefanie</i>	19:30 - 20:30 STRONG by Zumba <i>Jasi</i>	19:30 - 20:30 deepWORK <i>Andrea</i>	19:30 - 20:30 ZUMBA Fitness <i>Astrid</i>	
20:00						